

THE GREAT CAMEBACK



NAVIENT

2022 NATIONAL KEYSTONE CONFERENCE

A BOYS & GIRLS CLUBS OF AMERICA CHARACTER & LEADERSHIP PROGRAM



WELCOME TO THE
**55TH ANNUAL NATIONAL
KEYSTONE CONFERENCE**

July 22-24, 2022 | Anaheim, Calif.

#NKCisBack22



WELCOME TO THE GREAT COMEBACK!

After almost two years of virtual Club meetings, video sessions and long-distance celebrations, we're finally back together in person again! Keystone Clubs from across the country and overseas have traveled to Anaheim, Calif., to show the world just how resilient we are.

For the next three days, we will be sparking conversations on topics that are top-of-mind for teens: mental health, social acceptance, life skills, self-love, social justice and more. After fun networking activities, interactive sessions and inspirational speakers, you will walk away knowing you have the power and the greatness to make a difference!

Your Steering Committee thanks you for all your hard work to get here. We encourage you to build new friendships, participate in activities and, most importantly, have FUN! Thank you for joining us as we make the Great Comeback!
-2022 National Keystone Conference Steering Committee

ACKNOWLEDGMENTS

This event would not be possible without Navient's generous support of the Keystone Club program and the 2022 Keystone National Conference. Together, we are truly excited to celebrate the Keystone Conference's 55-year legacy of teens working toward a better world.

We also gratefully acknowledge the support of this year's host organization, Boys & Girls Clubs of Capistrano Valley. We extend our deep appreciation and recognize the efforts of their staff, teens and volunteers. These individuals have been tremendous assets to the planning and execution of the 2022 National Keystone Conference.

BGCA thanks the members of the National Keystone Conference Steering Committee and National Keystone Advisory Council, as well as other Keystone Club advisors and conference volunteers.

BGCA and Keystoneers everywhere extend a note of gratitude to all the generous National Keystone Conference sponsors:

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2022 NATIONAL KEYSTONE CONFERENCE

#NKCisBack22

Purpose

The National Keystone Conference is the annual gathering of Keystoners from Clubs and Youth Centers across the country and on military installations worldwide.

Objectives

To recognize and celebrate teens from across the country and around the world who have demonstrated exemplary leadership in academic success, career preparation, community service and teen outreach.

To provide opportunities for teens to network, explore and discuss pressing topics that are important to them and come up with solutions teens can use to create the change they want to see and be.

To encourage teens to unlock their power and serve as advocates in their Club and community, to highlight the importance of being present, mapping their futures and taking care of self.

Conference Overview

Keystoners and their advisors will make the Great Comeback in sunny Anaheim, Calif. Conference participants will take part in workshops to explore many issues teens face in their daily lives while hearing from some of the most exciting experts and speakers. They'll also enjoy networking and engaging with their peers in emotionally and physically safe spaces while they celebrate coming back together in person.

The 2022 National Keystone Conference also offers numerous opportunities for teens to just have fun and engage in sessions that appeal to their passions and interests. Sessions promote community service and youth advocacy, encourage inclusion and show teens how to take their local Keystone Club to the next level. The conference will feature interactive, high-energy experiences in the areas of academic success, career exploration and living a healthy lifestyle, while inspiring Keystoners to be their authentic and true selves by raising their voices to make change.

Safety Is No. 1

A fundamental requirement for the fulfillment of the Boys & Girls Club mission is ensuring the safety of the young people we serve. National Keystone Conference staff will be available 24 hours a day throughout the conference to attend to this effort. Look for the In Case of Emergency and First Aid signs for detailed instructions.

Safety Team

The Safety Team, composed of BGCA national and local Club staff, will be present and visible throughout the conference to ensure the safety of participants. You can identify a member of the Safety Team by their T-shirt design.



Chill Zone

Visit the Chill Zone where you can relax and connect with yourself while expanding your awareness of the present moment. Take a moment to yourself or grab a friend who might be stressed out. We're here to help!

Face Coverings

In keeping with the guidelines of the state of California, face masks or other face coverings are strongly encouraged at all times during the Keystone Conference, including when in conference venues, public spaces, outdoors and at any time it's not possible to maintain six feet of distance between individuals, except while eating or drinking. Masks must cover both the nose and mouth. Please honor the requests of your fellow Keystoners, advisors, staff and other hotel guests to mask up and/or maintain physical distancing.

Have Questions?

Ask a national staff member from Boys & Girls Clubs of America. You can identify national staff members by their T-shirt colors. Look for **black** on Friday, **red** on Saturday and **blue** on Sunday.



CONFERENCE HIGHLIGHTS

Teen Issues and Answers Track – Teen Sessions

In these interactive sessions, explore important issues around adulthood, personal development and mental and physical health.

Keystone 2.0 Track – Teen Sessions

In these hands-on sessions, build skills and discover tools to take your Keystone Club to the next level.

Just for Fun Track – Teen Sessions

Explore teen passions and interests such as the arts, dance and plain old FUN!

Advisor Track

Engage in relevant discussions about being a Keystone advisor. Network with others to strengthen your professional development.

Gold and Legacy Social (Invitation Only)

Legacy and Gold Keystone Club members will be acknowledged at our annual social. Keystone Clubs will celebrate their hard work and dedication in the four areas of Keystone.

Keystone Swap Shop

Keystoners bring an item or items from your Club or Youth Center to swap for another item from a Keystoner in the gamesroom each night during evening activities. What do you have to trade? Think Club T-Shirts, hats, sweatshirts and other branded items that can only be found at your Club or Youth Center.

College and Career Expo

This jam-packed line-up of fun college and career-related activities is sure to excite. Meet representatives from colleges and universities, and employers from the business, industry and service sectors. Don't miss the valuable information, interactive experiences OR the prizes! The more you participate, the more you could win. The journey to your great future begins here!

Community Service Experience

Interested in service? Interested in STEM? In 2022, Keystone will partner with X-Bots Robotics to continue the rich tradition of leaving a legacy of service in the Anaheim community. Keystoners will work side by side to support youth with disabilities, gain insight into the world of STEM and simply have fun. Come join this service project, which is unlike any project you've ever seen.

Tell Your Story Super Session

Write it! Speak it! Rap it! Act it out! In this workshop, teens discuss life skills and how to develop a positive outlook by using various forms of art. Come discover multiple ways to tell your story!

SMART Girls Expo

Join us for an inspiring conversation with some rock star women. Explore your interests, try a fun activity and connect with fellow SMART Girls. You'll leave feeling motivated and empowered – with some great swag. Remember, you can't stop a SMART Girl!

Passport to Manhood Expo

What does it mean to be a man? How do I effectively meet life's challenges? Answer these questions and more as we reimagine the future of manhood.

Evening Activities Friday Night: Keystone All-Star Night

Hey, Keystoners, get your game on! Show off your school, or your favorite college or professional sports team colors or jersey as you stroll down Keystone's red carpet. Because you're an all-star!

Saturday Night: Keystone Goes to Hollywood

Welcome to Hollywood! It's time to celebrate your celebrity in the lights of the paparazzi! Tonight, you can simply be your fabulous celebrity self or you can pay homage to your favorite movie star, musician or other celebrity of your choice with a T-shirt or costume to demonstrate your fandom!

Keystone Program Awards

Outstanding Keystone Clubs will be recognized for their efforts during the 2020-21 Keystone Program year. Awards in the form of monetary prizes will be given in the following categories:

- National Project (There is No PLANet B)
- Community Service
- Career Preparation
- Academic Success
- Teen Outreach
- Keystone Club of the Year

Exemplary Keystone advisors will be recognized with the following awards:

- Advisor of the Year
- Debra Williams Clark Spirit of Keystone Award

SPECIAL GUESTS 2021-22 YOUTH OF THE YEAR



BRIANNA P. 2021 NATIONAL YOUTH OF THE YEAR

Bristol Boys & Girls Club Association, Conn.

Brianna intends to become a social worker, and to spend her career offering what she most needed throughout her childhood and found at her Boys & Girls Club – guidance.

At the Club, she found her positive influence in Club staff, especially her teen director. From elementary to high school, Brianna has spent her after-school time involved in the Club, from her early days earning robotics awards to joining Keystone. For her, volunteering is second nature – “as Club members, we are all expected to understand the meaning and the impact it brings to our community.”

She credits her experience at the Club with helping her to open up and communicate with her peers. And that has inspired her to pursue social work and be a part of a support system for others.



STEEVE B.

2021-22 Pacific Youth of the Year

Boys & Girls Clubs of Ada County, Idaho



MARCUS S., JR.

Midwest Youth of the Year

Boys & Girls Clubs of Greater Northwest Indiana



ZENA N.-A.

Southwest Youth of the Year

Boys & Girls Clubs of Harlingen, Texas



JORGE H.-P.

2021-22 Southeast Youth of the Year

Boys & Girls Clubs of Sarasota and DeSoto Counties, Fla.

2021-22 MILITARY YOUTH OF THE YEAR



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VICTOR O., 19
2021 National Military Youth
of the Year and 2021
Northeast Youth of the Year

Joint Base MDL-Ft Dix
Youth Program , N.J.

Victor came to the JB MDL- Ft Dix Youth Program when he was nine and found a community for life. The adult role models at the Youth Center helped him channel his energy into volunteering, leadership and fellowship. Victor is an advocate for youth mental health. He's especially concerned with young peoples' pandemic-related needs, such as lack of social connection and online learning. As a result, Victor is committed to helping teens put their mental well-being first. He's familiar with the value of such support. "I know how impactful it is to have a role model, staff and a group of people who care about you in your corner," he says.

FRIDAY AT A GLANCE

TIME	SESSION	LOCATION
9:00 am – 5:00 pm	National Keystone Conference Registration	Ballroom Registration Desk
	Keystone Club Briefing	San Simeon AB and Avila AB
	Conference Swag Pick-Up	Capistrano AB
	Video Roll Call	Santa Monica
	Gamesroom	Pacific Ballroom AB
	Chill Zone	Green Room
	Keystone Photos	Malibu
11:00 am – 3:00 pm	Welcome Reception	Lanai Deck
1:00 – 5:00 pm	College and Career Expo	Pacific Ballroom C
4:00 – 5:00 pm	Mandatory Advisor Briefing	California Ballroom B
5:00 – 6:30 pm	Dinner on Your Own	
6:45 – 8:00 pm	Opening General Session: Expect Greatness	California Ballroom CD
8:00 – 10:00 pm	Evening Reception	Lanai Deck

TIME	SESSION	LOCATION
8:00 – 11:00 pm	Evening Activities: Keystone All-Star Night	
	▪ Gamesroom	Pacific Ballroom AB
	▪ Karaoke Party	San Simeon AB
	▪ Keystone Esports Tournament	Avila AB
	▪ Spinning Art	Santa Monica
	▪ The Art of Sports	Malibu
	▪ Airbrush Tattoos	San Clemente
	▪ Keystone's Got Talent! Audition Night!	El Capitan AB
	▪ All-Star Escape Room	Pacific Ballroom AB
	▪ All-Star Caricatures	Laguna A
9:00 – 10:00 pm	Gold and Legacy Social	Lanai Deck
	All-Star Dance	California Ballroom A
	Curfew	

FRIDAY EXPANDED SCHEDULE

9:00 am – 5:00 pm

National Keystone Conference Registration

Ballroom Registration Desk

The National Keystone Conference Registration and Help Desk Squad is here to help. Come grab your registration packet, conference badge and program while getting all of your questions answered. This team will be here to help for the duration of the conference.

Keystone Club Briefing

San Simeon AB and Avila AB

In these mandatory briefings for all Keystoners and advisors, members of the 2022 Steering Committee will review the conference code of conduct and expectations, and provide a conference overview. You must attend the briefing before picking up conference swag.

Conference Swag Pick-Up

Capistrano AB

You get swag, they get swag ... EVERYONE gets swag! Advisors, pick up your Keystone Conference swag after the Keystone Club Briefing! Keystone Clubs must attend briefings before picking up swag.

Video Roll Call

Santa Monica

Come ready to tell all of Keystone that your Club has arrived! Bring your best chant, dance or cheer for the camera and see it played throughout the conference.

Gamesroom

Pacific Ballroom AB

Join us in the heart of the conference where you can socialize and challenge your friends to your choice of many games. Showcase your skills!

Chill Zone

Green Room

Visit the Chill Zone where you can relax and connect with yourself while expanding your awareness of the present moment. Take a moment to yourself or grab a friend who might be stressed out. We're here to help!

Keystone Photos

Malibu

Stop by and get your Keystone Club's photo taken.

11:00 am – 3:00 pm

Welcome Reception

Lanai Deck

Join us for a Coachella-themed celebration where you can listen to music, get to know fellow Keystoners, play games, take pictures and enjoy a few tasty treats. A GREAT kick off for the Great Comeback!

1:00 – 5:00 pm

College and Career Expo

Pacific Ballroom C

This jam-packed line-up of fun college and career-related activities is sure to excite. Meet representatives from colleges and universities, and employers from the business, industry and service sectors. Don't miss the valuable information, interactive experiences OR the prizes! The more you participate, the more you could win. The journey to your great future begins here!

FRIDAY EXPANDED SCHEDULE

4:00 – 5:00 pm

Mandatory Advisor Briefing

California Ballroom B

Safety is our No. 1 priority. All advisors must attend this Advisor Briefing for important information on the conference. The briefing is led by the 2022 Safety Team.

Keystoners can remain in the College, Career and Workforce Development Expo or the gamesroom with a plan to meet with advisors after the meeting concludes.

5:00 – 6:30 pm

Dinner on Your Own

6:45 – 8:00 pm

Opening General Session: Expect Greatness

California Ballroom CD

Join members of your conference steering committee and all your Keystone friends to kick off the 2022 National Keystone Conference. This session will be filled with lots of surprises and leave you feeling inspired.

8:00 – 10:00 pm

Evening Reception

Lanai Deck

8:00 – 11:00 pm

Evening Activities: Keystone All-Star Night

Hey, Keystoners, get your game on and show off your school, or your favorite college or professional sports team colors or jersey as you stroll down Keystone's red carpet. Because you're an all-star!

Gamesroom

Pacific Ballroom AB

Join us in the heart of the conference where you can socialize and challenge your friends to your choice of many games. Showcase your skills!

Karaoke Party

San Simeon AB

Show off your dance moves and sing along to your favorite songs with our DJ, who has a song for every sports fan! Bonus points for the fans who sing "Seven Nation Army" by the White Stripes!

Keystone Esports Tournament

Avila AB

Game on! Come sign up to compete individually or in teams in Keystone's video game tournament!

Spinning Art

Santa Monica

Let the paint fly and create some spin art to take home as a souvenir.

The Art of Sports

Malibu

Draw, sketch or paint a sports-themed work of art and enter the Art of Sports contest. Three artists will be awarded prizes for their art.

Airbrush Tattoos

San Clemente

Ever wanted to get inked? Here is your chance to get a sports-themed tattoo!

Keystone's Got Talent! Audition Night!

El Capitan AB

Do you sing, dance, play an instrument or have another talent that you want to show off for a chance to perform on stage. Sign up and audition for Keystone's Got Talent!

All-Star Escape Room

Pacific Ballroom AB

Sign up for one of our All-Star Escape Room challenges. Can you escape before time runs out?

All-Star Caricatures

Laguna A

Do you want a sporty portrait of yourself? Our caricaturists will draw a cartoon of you so that you stand out in the arena of your choice.

Team Sports Cornhole

Sunset Deck

Join the hottest game capturing the country: CORNHOLE. We'll play doubles, so pair up with a Keystoner from another state to form a dynamic doubles team! We'll run two tournaments each night, but space is limited.

Team Sports Dodgeball

California Ballroom B

Join in on a fun and safe game of dodgeball. Bring your six-player team to the action or come alone and we'll make a team for you! Space is limited. See you there!

9:00 - 10:00 pm

Gold and Legacy Social (Invitation only)

Lanai Deck

What sets your Keystone Club apart? Is it your hard work and dedication? Do you excel in the focus areas of Keystone? If your Keystone Club has earned this prestigious status, then you are invited to this celebration for your commitment and excellence.

9:00 - 11:00 pm

All-Star Dance

California Ballroom A

Show off your touchdown dance and other athletic moves because you'll be dancing with the stars!

11:00 pm

Curfew

All Keystoners should be in their rooms and quiet at the curfew time listed in the program. All advisors must assist with evening security by maintaining a presence in the hallway from curfew until they are released by Boys & Girls Clubs of America national staff and/or security team representative.

SATURDAY AT A GLANCE

TIME	SESSION	LOCATION
7:30 – 8:30 am	Continental Breakfast	Lanai Deck
7:30 am – 1:30 pm	Gamesroom	Pacific Ballroom AB
8:00 – 8:30 am	Mandatory Advisor Briefing	California Ballroom B
8:30 am – 5:00 pm	Registration and Help Desk	Ballroom Registration Desk
8:30 am – 5:00 pm	Chill Zone	Green Room
9:00 – 10:00 am	General Session: Path to Greatness	California Ballroom CD
10:30 am – 12:00 pm	Teen Issues and Answers Track - Teen Sessions	
	▪ The Struggle Is Real Mental Health	Avila AB
	▪ Securing the Bag Financial Literacy	California Ballroom A
	▪ I Understood the Assignment Education After High School	Capistrano AB
	▪ Alphabet Soup: LGBTQIA2S+ Self-Identity	Carmel
	▪ Drop It Substance Abuse	San Clemente
	▪ Authentically You Authenticity	Laguna A
	▪ Feeling Fine ... Period Self-Care	Malibu
	▪ Adulthood 101 Life Skills	San Simeon AB
	▪ I Stand for Peace Bullying	Oceanside
	▪ Unmute Yourself Advocacy	El Capitan AB
10:35 – 11:55 am	Advisor Sessions	

TIME	SESSION	LOCATION
	▪ Resilience in Action Trauma-Informed Approaches	Manhattan
	▪ Partners in Potential Workforce Readiness	Redondo
	▪ Stronger Together: Creating Inclusive Teen Centers Inclusive Environments	Palos Verdes A
	▪ Power of Youth Voice Youth Voice	Palos Verdes B
	▪ BGCA Digital Technologies	Laguna B
12:00 – 1:30 pm	Lunch on Your Own	
2:00 – 3:30 pm	Keystone 2.0 Track – Teen Sessions	
	▪ Just Keep Swimming Getting Through the Pandemic	Capistrano AB
	▪ Keystone 101 Keys of Keystone	El Capitan AB
	▪ Robin Hood Fundraising	Oceanside
	▪ Making Your Mark Marketing	Santa Monica
	▪ No Matter How Big, No Matter How Small Communication	San Simeon AB
	▪ Don't Let Midnight Strike Time Management	Malibu
	▪ Can't Wait to Be King Leadership and Mentorship	Laguna A
	▪ All in This Together Volunteer Projects	Carmel
	▪ #WeOwnFriday Teen Recruitment	San Clemente
	▪ Officers' Exchange Roundtable for Keystone Officers	Avila AB

TIME	SESSION	LOCATION
2:05 – 3:25 pm	Advisor Sessions	
	• Activate Your Keystone Chartering and National Projects	Manhattan
	• Tuning Into Teens Teen Engagement	Redondo
	• Learn to Find the Fun in Fundraising Fundraising	Palos Verdes A
	• Secrets of a Successful Keystone Meeting Facilitating Effective Meetings	Palos Verdes B
3:45 – 5:15 pm	Just for Fun Track – Teen Sessions	
	• Epic Yoga Yoga	Avila AB
	• Speak Your Soul: “A Spark Isn’t a Soul’s Purpose” Spoken Word	Carmel
	• Dance Through the Decades Challenge Dance	Laguna A
	• Cool Runnings STEM	Santa Monica
	• Cupcake Infinity Wars Culinary Arts	Capistrano AB
	• Animal Crossing Zoology	Malibu
	• Keystone Multiverse The Arts	San Clemente
	• Sneakerheads Fashion Industry	El Capitan AB
	• Protect Ya Neck Self-Defense	San Simeon AB
	• Sound Waves to Airwaves Podcasting 101	Oceanside

TIME	SESSION	LOCATION
3:50 – 5:10 pm	Advisor Regional Meetings	
	Northeast and Overseas	Manhattan
	Southeast	Redondo
	Midwest	Laguna B
	Southwest	Palos Verdes B
	Pacific	Palos Verdes A
5:15 – 8:00 pm	Dinner on Your Own – Evening Break	
8:00 – 10:00pm	Evening Reception	
8:00 – 11:00pm	Keystone Goes to Hollywood Evening Activities	
	• Gamesroom	Pacific Ballroom AB
	• Karaoke Party	San Simeon AB
	• Keystone Esports Tournament	Avila AB
	• Spinning Art	Santa Monica
	• The Art of Celebrity	Malibu
	• Airbrush Tattoos	El Capitan AB
	• Keystone’s Got Talent! Show Night!	Capistrano AB
	• Hollywood Escape Room	Pacific Ballroom AB
	• Hollywood Caricatures	Laguna A
	• Team Sports Cornhole	Sunset Deck
	• Team Sports Dodgeball	California Ballroom B
9:00 – 11:00 pm	Keystone Decades DJ Veruz and Dance	California Ballroom A
11:00 pm	Curfew	

SATURDAY EXPANDED SCHEDULE

7:30 - 8:30 am

Continental Breakfast

Lanai Deck

7:30 am - 1:30 pm

Gamesroom

Pacific Ballroom AB

Join us in the heart of the conference where you can socialize and challenge your friends to your choice of many games. Showcase your skills!

8:00 - 8:30 am

Mandatory Advisor Briefing

California Ballroom B

Safety is our No. 1 priority. All advisors must attend this Advisor Briefing for important information on the conference. The briefing is led by the 2022 Safety Team.

Keystoners can remain in the gamesroom with a plan to meet with advisors after the meeting concludes.

8:30 - 5:00 pm

Registration and Help Desk

Ballroom Registration Desk

The National Keystone Conference Registration and Help Desk Squad is here to help. Come grab your registration packet, conference badge and program while getting all of your questions answered. This team will be here to help for the duration of the conference.

Chill Zone

Green Room

Need some time to reset and reflect? Visit the Chill Zone where you can relax and connect with yourself while expanding your awareness of the present moment. Take a moment to yourself or grab a friend who might be stressed out. We're here to help!

9:00 - 10:00 am

General Session: Path to Greatness

California Ballroom CD

There's greatness in your future. Let's talk about how to set the goals to get you there and taking care of yourself along the way. Let's get you energized for a great day and an even greater future!

10:30 am - 12:00 pm

Teen Issues and Answers Track - Teen Sessions

The Struggle Is Real

Mental Health

Avila AB

Come to this session to learn ways to cope with and understand mental health challenges. The struggle is real and there are resources to help.

Securing the Bag

Financial Literacy

California Ballroom A

Make a deposit for your future by learning the importance of saving, investing and creating generational wealth.

I Understood the Assignment

Education After High School

Capistrano AB

Are you there yet? College? Trade school? Military? No plan? Come find out how to set up a plan for your future.

Alphabet Soup: LGBTQIA2S+

Self-Identity

Carmel

One beat, one sound, one pulse. Join us as we learn about each other and the daily inequalities we face and how we can mute the hate.

Drop It

Substance Abuse

San Clemente

Drop it like it's hot. Find a way to create a healthier you with tips and tricks to abstain from addictive substances.

Authentically You

Authenticity

Laguna A

No CAP, but let's be real! It can be tough, but let's find a way you can be the most authentic YOU!

Feeling Fine ... Period

Self-Care

Malibu

Learn how to take care of you. Feeling fine, feeling great, let's get you straight. Mentally, physically, emotionally, you got this!

Adulting 101

Life Skills

San Simeon AB

Learn the basics of making sound decisions and navigating life after high school.

I Stand for Peace

Bullying

Oceanside

Nobody's got time for hate. It starts with you. Be the change you want to see in your communities, schools and social media environment.

Unmute Yourself

Advocacy

El Capitan AB

Be loud, be proud, step out of the crowd. You matter, and your presence matters, so advocate for yourself.

10:35 - 11:55 am

Advisor Sessions

Resilience in Action

Trauma-Informed Approaches

Manhattan

Many of our members are coming out of some incredibly difficult years and our teen centers are positioned to help them with trauma-informed methods. We'll talk through common barriers teens face and how teen-serving staff can help them overcome them.

Partners in Potential

Workforce Readiness

Redondo

Our teens are ready to explore careers, develop skills and apply for jobs that will turn into careers. Come to this session to see what national partnerships are ready to support you and how to build local partnerships in your community.

Stronger Together: Creating Inclusive Teen Centers

Inclusive Environments

Palos Verdes A

Our teens are championing for a more inclusive future and that needs to start in our teen centers. In this session, advisors will discuss what it means to have a culture of inclusivity in your teen center. Learn best practices to model inclusive behavior for young people.

The Power of Youth Voice

Youth Voice

Palos Verdes B

With the adoption of social media, our teens are participating in national dialogues about current events. This session will equip teen-serving staff with information and tools to help teens use their voices in a safe and effective manner.

BGCA Digital Technologies

Laguna B

This session will cover new and updated digital technologies from the Youth Development Department at BGCA. Participants will receive a high-level overview of Virtual Club and MyFuture, with takeaways to bring back to Clubs and youth development professionals.

12:00 - 1:30 pm

Lunch on Your Own

2:00 - 3:30 pm

Keystone 2.0 Track - Teen Sessions

Just Keep Swimming

Getting Through the Pandemic

Capistrano AB

Does the pandemic have you feeling in over your head? We've got your life jacket! Learn techniques and strategies to make it to shore.

Keystone 101

Keys of Keystone

El Capitan AB

Back to the basics, Academic Success, Career Prep, Community Service and Teen Outreach. Learn some keys to success in each of the four pillars of Keystone.

Robin Hood

Fundraising

Oceanside

Money! Money! Money! Make dollars make sense for your Club. Take home fresh ideas to secure the bag.

Making Your Mark

Marketing

Santa Monica

It's time to make your Keystone Club shine. Learn how to spotlight community members and youth and build a legacy brand.

No Matter How Big, No Matter How Small

Communication

San Simeon AB

You're just one person, and you may feel small. But with effective listening and communication, you can raise your voice and make a big difference.

Don't Let Midnight Strike

Time Management

Malibu

Never enough time in the day. Time management can help you achieve your goals before the clock strikes midnight!

Can't Wait to Be King

Leadership and Mentorship

Laguna A

Your kingdom needs you; it's finally your time to lead. Learn how to use the leadership skills you're developing now in your life after Keystone.

All in This Together

Volunteer Projects

Carmel

Get your head in the game, take home new engaging ideas for community service.

#WeOwnFriday

Teen Recruitment

San Clemente

What is more fun than having your friends at the Club? Learn how to make your social events THE place where all teens run to every day of the week!

Officers' Exchange

Roundtable for Keystone Officers

Avila AB

This session is dedicated to Keystone officers. Get tips for running meetings and keeping them FUN! Network with other officers and learn from each other. Find out how to strengthen your charter to Legacy!

2:05 – 3:25 pm

Advisor Sessions

Activate Your Keystone

Chartering and National Projects

Manhattan

Keystone advisors will not want to miss this session. Learn how to go beyond the basic charter and facilitate an awesome national project plan!

Tuning Into Teens

Teen Engagement

Redondo

The pandemic has left a lot of teen centers struggling with recruiting teens and retaining and engaging the teens who are there. We'll dive into how we can address the pandemic in our teen center, foster motivation in our teens and impact more members.

Learn to Find the Fun in Fundraising

Fundraising

Palos Verdes A

What does fundraising look like in your teen center? Network with other Club professionals to learn what works, what doesn't and what resources are available to create a Keystone Club that can fundraise!

Secrets to a Successful Keystone Meeting

Facilitating Effective Meetings

Palos Verdes B

This session is the place to be for anyone who facilitates Keystone meetings. We're talking electing officers, and what great meetings look and feel like. We're giving attendees real tips, tricks and resources to implement in their Club today for effective Keystone meetings run for teens, by teens.

3:45 - 5:15 pm

Just for Fun Track - Teen Sessions

Epic Yoga

Yoga

Avila AB

Come stretch, move, dance, relax, create and have FUN! Learn how to train your body and mind to breath to reduce stress.

Speak Your Soul: "A Spark Isn't a Soul's Purpose"

Spoken Word

Carmel

Come express your creative flow with spoken word. Join this session and release your inner soul.

Dance Through the Decades Challenge

Dance

Laguna A

So you think you can dance? Come test your skills in a battle of decades as we go through the dances of the past, present and future.

Cool Runnings

STEM

Santa Monica

Feel the rhythm, feel the rhyme, get up it's engineering time! Design a ball run that stacks up against the competition in this STEM challenge.

Cupcake Infinity Wars

Culinary Arts

Capistrano AB

A sweet battle of frosting, sprinkles and more. Increase your culinary skills using new tools and techniques.

Animal Crossing

Zoology

Malibu

Do you love creatures, from the cute to the creepy? Hang out with us as we learn about the wildlife in Anaheim!

Keystone Multiverse

The Arts

San Clemente

Represent your state and Club by painting on the collaborative mural while learning about others in the multiverse of Keystone.

Protect Ya Neck

Self-Defense

San Simeon AB

Learn how to defend yourself from harm. Build confidence and self-defense skills in this interactive workshop.

Sneakerheads

Fashion Industry

El Capitan AB

Ever wonder what it takes to get the latest kicks onto the market? Learn about the evolution of the culture and what it means to be a sneakerhead.

Sound Waves to Airwaves

Podcasting 101

Oceanside

Have you ever wanted to be on the other side of the microphone? Learn how you can create your own podcasts and express yourself without having to be glued to the screen.

3:50 – 5:10 pm

Advisor Regional Meetings

Connect with Keystone Advisors from your region, learn about the Regional Advisory Council and cultivate ideas on how your region's Keystone family will be even stronger.

Northeast and Overseas

Manhattan

Southeast

Redondo

Midwest

Laguna B

Southwest

Palos Verdes B

Pacific

Palos Verdes A

5:15 – 8:00 pm

Dinner on Your Own – Evening Break**8:00 – 10:00 pm**

Evening Reception

Lanai Deck

8:00 – 11:00 pm

Keystone Goes to Hollywood Evening Activities

Welcome to Hollywood! It's time to celebrate your celebrity in the lights of the paparazzi! Tonight, you can simply be your fabulous celebrity self or you can pay homage to your favorite movie star, musician or celebrity of your choice by wearing a T-shirt or costume to celebrate your fandom!

Gamesroom

Pacific Ballroom AB

Join us in the heart of the conference where you can socialize and challenge your friends to your choice of many games. Showcase your skills!

Karaoke Party

San Simeon AB

Join our DJ as we dance through the decades. Bonus points for Keystone celebrities singing a song from their favorite movie!

Keystone Esports Tournament

Avila AB

Game on! Day two of our Keystone Esports Tournament will determine who has game!

Spinning Art

Santa Monica

Make some spinning art fit to hang in the room of any celebrity's mansion.

The Art of Celebrity

Malibu

Draw, sketch or paint an entertainment-themed work of art and enter the Keystone Art of Celebrity contest. Three artists will be awarded prizes for their art.

Airbrush Tattoos

El Capitan AB

Ever wanted to get inked? Here is your chance to get a celebrity-themed tattoo!

Keystone's Got Talent! Show Night!

Capistrano AB

Keystone's annual talent show! Tonight, Keystoneers who advanced through the auditions on Friday will compete for a chance to perform on the main stage in the Sunday General Session.

Hollywood Escape Room

Pacific Ballroom AB

Sign up for a Hollywood Escape Room challenge before time runs out.

Hollywood Caricature

Laguna A

Are you ready for your close-up? Our caricature artists will draw a celebrity portrait of you so you're ready for stage or screen!

Team Sports Cornhole

Sunset Deck

Join the hottest game capturing the country: CORNHOLE. We'll play doubles, so pair-up with a Keystoner from another state to form a dynamic doubles team! This is the last night and space is limited.

Team Sports Dodgeball

California Ballroom B

Join in on a fun and safe game of dodgeball. Bring your six-player team to the action or come alone and we'll make a team for you! Space is limited. See you there!

9:00 - 11:00 pm

Keystone Decades DJ Verzuz and Dance

California Ballroom A

Join us for the first ever in-person Keystone Decades DJ Verzuz and Dance! DJs show off their skills battling through the decades on the table while you dance and cheer the night away.

11:00 pm

Curfew

All Keystoners should be in their rooms and quiet at the curfew time listed in the program. All advisors must assist with evening security by maintaining a presence in the hallway from curfew until they are released by Boys & Girls Clubs of America national staff and/or a security team representative.

SUNDAY AT A GLANCE

TIME	SESSION	LOCATION
7:00 – 8:00 am	Continental Breakfast	Lanai Deck
7:45 – 8:15 am	Mandatory Advisor Meeting	California Ballroom B
8:30 – 11:30 am	Registration and Help Desk	Ballroom Registration Desk
8:30 – 11:30 am	Community Service Experience	California Ballroom A
8:30 – 11:30 am	SMART Girls Expo: Uniquely You!	California Ballroom B
8:30 – 11:30 am	Tell Your Story Super Session	Lanai Deck
8:30 – 11:30 am	Passport to Manhood Expo	Lanai Deck
12:00 – 1:30 pm	Closing General Session: Together We Are Greater	California Ballroom CD
1:30 – 10:00 pm	Off-site Experiences	
10:30 pm	Return from Off-site Experiences	
11:00 pm	Curfew	

SUNDAY EXPANDED SCHEDULE

7:00 – 8:00 am

Continental Breakfast

Lanai Deck

7:45 – 8:15 am

Mandatory Advisor Briefing

California Ballroom B

Safety is our No. 1 priority. All advisors must attend this Advisor Briefing for important information on the conference. The briefing is led by the 2022 Safety Team.

Keystoners can remain in the gamesroom with a plan to meet with advisors after the meeting concludes.

8:30 – 11:30 am

Registration and Help Desk

Ballroom Registration Desk

The National Keystone Conference Registration and Help Desk Squad is here to help. Come grab your registration packet, conference badge and program while getting all of your questions answered. This team will be here to help for the duration of the conference.

SMART Girls Expo: Uniquely You!

California Ballroom B

Join us for an inspiring conversation with some rock star women. Explore your interests with some fun activities and connect with fellow SMART Girls. You'll leave feeling motivated and empowered – with some great swag. Remember, you can't stop a SMART Girl!

SUNDAY EXPANDED SCHEDULE

8:30 - 11:30 am

Community Service Experience

California Ballroom A

Interested in service? Interested in STEM? In 2022 Keystone will partner with X-Bots Robotics to continue the rich tradition of leaving a legacy of service in the Anaheim community. Keystoners will work side by side to support youth with disabilities, gain insight into the world of STEM and simply have fun. Come join this service project, which is unlike any project you've ever seen.

Tell Your Story Super Session

Lania Deck

Write it! Speak it! Rap it! Act it out! In this workshop, teens discuss life skills and how to develop a positive outlook by using various forms of art. Come discover multiple ways to tell your story!

Passport to Manhood Expo

Lanai Deck

What does it mean to be a man? How do I effectively meet life's challenges? Answer these questions and more as we reimagine the future of manhood.

12:00 - 1:30 pm

Closing General Session: Together We Are Greater

California Ballroom CD

Each one of you plays a role in changing the world. The power of one person's greatness can make a stark difference. Teens have the power to evoke change and together you are stronger and unstoppable. Find your talent, know your purpose and use the power of your collective voices to work together in creating change. This is the Great Comeback!

1:30 - 10:00 pm

Off-site Experience

10:30 pm

Return from Off-site Experience

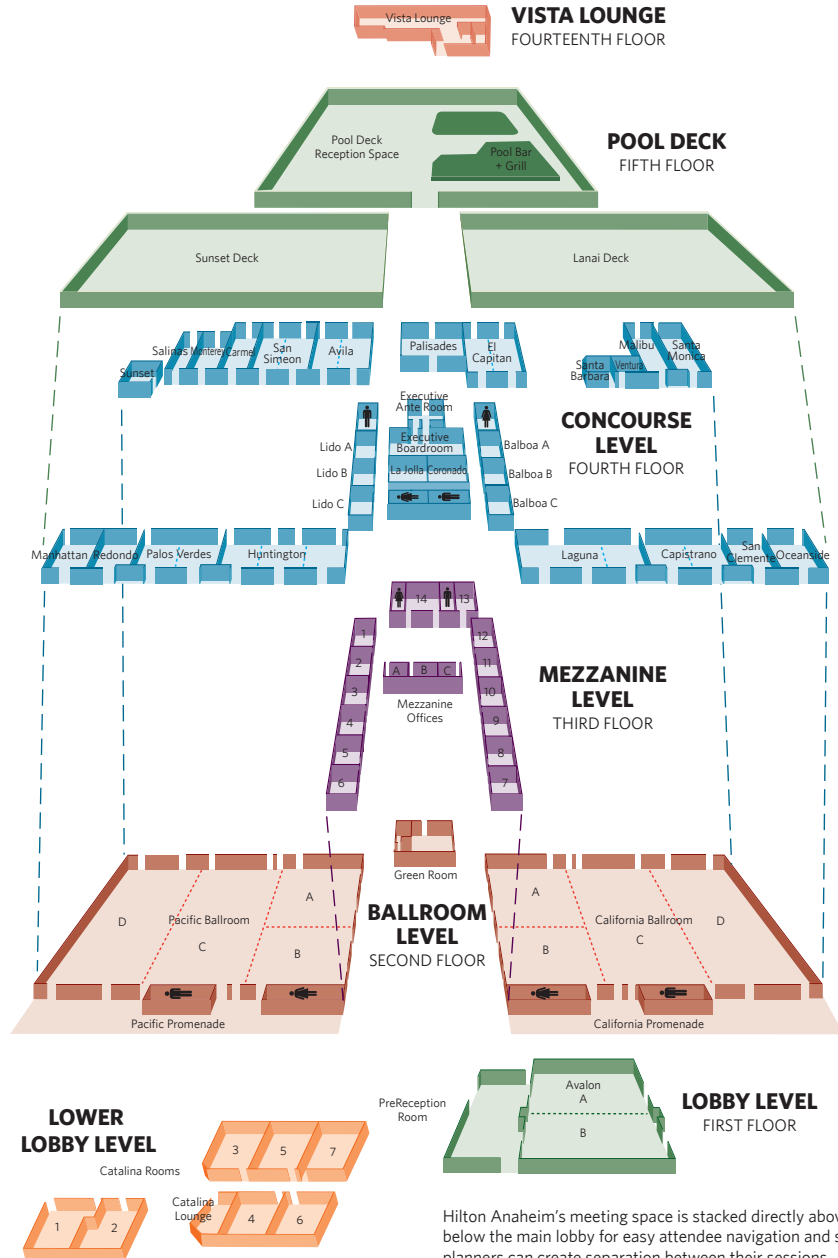
11:00 pm

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HOTEL MAP

HILTON ANAHEIM



2022 National Keystone Conference TEEN Steering Committee



Luis R.
Young Americans Keystone Club
Boys & Girls Clubs of
Capistrano Valley



Julia M.
La Habra Keystone Achievers
Boys & Girls Clubs of La
Habra



Kelly Y.
Keystone Legacy
Boys & Girls Clubs of Los
Angeles Harbor



Janiyah S.
Rock Keystone Club
USAG Rheinland-Pfalz
Baumholder CYS Services



Ahsha B.
Kings Bay Teens
Kings Bay Submarine Base



Jaden S.
Cocoa CEO's Keystone Club
Boys & Girls Clubs of Central
Florida



Landyn C.
The Ultimate Keystone Club
Boys & Girls Clubs of South
Alabama



Annaleigh B.
Hanscom Jets Keystone Club
Hanscom AFB Youth Program



Katherine "Kate" P.
Southport Brilliance
Keystone
Wakeman Boys & Girls Club



Kylee S.
No Limit Keystone Club
Boys & Girls Clubs of
Huntington County



Addison W.
Minot AFB Keystone Club
Minot AFB Youth Program



Savionce B.
Denver Broncos Keystone Club
Boys & Girls Clubs of Metro
Denver

2022 National Keystone Conference ADVISOR Steering Committee



Chase Roblee
Young Americans
Keystone Club
Boys & Girls Clubs of
Capistrano Valley



Amber Villasenor
La Habra Keystone Achievers
Boys & Girls Clubs of
La Habra



Alexander Ryan
Keystone Legacy
Boys & Girls Clubs of Los
Angeles Harbor



Ryan Flynn
Rock Keystone Club
USAG Rheinland-Pfalz
Baumholder CYS Services



Maria Beaulieu
Kings Bay Teens
Kings Bay Submarine Base



RaQuel Hinton
Cocoa CEO's Keystone Club
Boys & Girls Clubs of
Central Florida



Pamela Thompson
The Ultimate Keystone Club
Boys & Girls Clubs
of South Alabama



Justin Oliver
Hanscom Jets Keystone Club
Hanscom AFB Youth Program



Coreen Ahmad
Southport Brilliance
Keystone
Wakeman Boys & Girls Club



Desiree Frederick
No Limit Keystone Club
Boys & Girls Club of
Huntington County



Britnee McAlexander
Minot AFB Keystone Club
Minot AFB Youth Program



Rich Barrows
Denver Broncos
Keystone Club
Boys & Girls Clubs of
Metro Denver

NOTES

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NOTES

[illegible]

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This year's conference would not be possible without your outstanding support. We gratefully acknowledge everything you do to elevate the voices of our nation's teens.

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